

Marshmallow Wrapping

- # One yard of 45" fabric equals 30 seven inch squares of fabric
- # One yard of 60" fabric yields 40 seven inch squares of fabric

FABRIC choices

Non-fraying fabrics such as quilter's cottons/broadcloths and lightweight cotton poly blends are best. Consider using prints or prints in combination with solids.

If you do choose a fabric that has a tendency to fray, pinking sheers (the ones that cut little zig-zagged edges on the fabric) may help keep the fabric from raveling as much.

Do **not** use netting/tulle/open weave fabric of any sort (such as the tulle circles sold in the bridal departments).

RIBBON for tying the squares around the marshmallows

Craft stores such as Michael's and Hobby Lobby, fabric stores such as JoAnn Fabrics and Hancock Fabrics, all carry inexpensive satin craft ribbon on cardboard spools 4-10 yards per spool. It often goes on sale for 3/1.00, but even at 50 cents a spool it's a good value.

Avoid wired ribbon. It's more expensive, harder to work with, and gets bent out of shape easily.

If you want a bow (tip: it's best to double knot the ribbon before making the bow), plan on 11" per marshmallow. No bow, 7". For example, a 5 yard bolt = 36" x 5 = 180" divided by 7 = 25 plain ties, or divided by 11" equals 16 bows. If you have particularly nimble fingers, you may be able to get away with shorter pieces. I use this size and then trim if necessary to even out the bow ends.

The marshmallow configuration

Large marshmallows, most large bags have approximately 40 marshmallows per bag. Check the servings per bag to get your count.

THE BIG QUESTION

How many to make? For a morning service, 125 should suffice. Evening service...gauge according to your RSVP's.

Marshmallow DEADLINE

Wrapped marshmallows must be delivered to the synagogue by 3 p.m. on Friday, the day before your child becomes a bar/bat mitzvah. There is a nice selection of baskets you can choose from which John will put out in the morning, or you may provide your own display piece...basket, bowl, urn...whatever fits your theme.

Special Precaution

Do not wrap the marshmallows too far in advance. They become hard as rocks in a very short period of time. If you do wrap them early, seal them in airtight plastic bags to make certain they don't get stale.

These instructions can also be used to create spice bags for Havdalah – for students who participate in the Shabbat Mincha service. Purchase whole spices “in bulk” from Whole Foods, Central Market, etc.